

Introduction

This is one of a series of routes that may be enjoyed by all including wheelchair users, families with pushchairs, those wanting a more gentle walk and walkers who are less mobile. The route has been selected as it has no barriers, such as stiles or steps. Detailed information on the route is provided - it is up to the user to decide what is suitable for them. Every effort has been made to ensure the information is correct at the time of publication, however things change over time. West Sussex County Council would like to thank John and Jenifer Fox for providing the inspiration to publish easy countryside trail information.

Other routes can be found on the West Sussex County Council website: www.westsussex.gov.uk



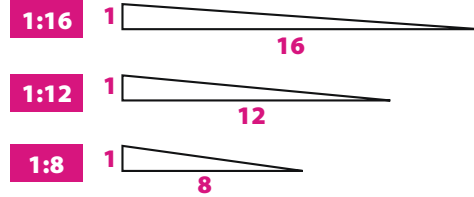
Public Travel



Some of the routes are accessible by public transport, for further information please visit www.westsussex.gov.uk or contact Travel line on 0871 200 22 33



Gradients



Gradients of slopes have been shown to help you decide if a route is suitable. To help you relate to these gradients we have attempted to describe them below assuming an average wheelchair user with an averagely strong pusher.

1:16
Gentle slope. Extra effort may be required over long distances. Gradients less than 1:16 have not been measured as they are considered easy going.

1:16 - 1:13
Fairly gentle slope, extra effort will be noticeable over longer distances.

1:12
Slope noticeable but not particularly steep, extra effort will be required over medium to long distances.

1:11 - 1:8
Steeper slopes, will require extra effort even over short distances. Only short sections of gradients of this steepness are found on any of the routes in this booklet.

> 1:8
Steep slope - nothing of this steepness will be encountered on these walks.

Please follow the Countryside Code and respect the local area you are visiting.



Key to maps Please note that some symbols may not be used on this walk.

- Easy Access Trail
- Extension to Easy Access Trail
- Public Footpath or Bridleway
- Permissive Path
- River/Stream/Canal
- Waterway/Water Channel
- Parkland/Wooded Area
- Urban/Built-up Area
- Parking
- Gradient Information
- Seating or Picnic Area
- Refreshments
- Church
- Caravan Park
- Gate
- Marshland



<i>Distance</i>	1km (0.6 miles) return trip. Additional 200m (220 yards) return trip to the church
<i>Terrain</i>	Earth and compacted stone, then onto compacted shingle Maximum gradient: <1:16
<i>Start/finish</i>	Car park, Church Norton Grid reference: SZ 871 956 Post code: PO20 9DT
<i>Directions</i>	One mile north of Selsey on B2145 road from Chichester, turn left at sign to Church Norton The car park is at the end of the lane
<i>O.S. Maps</i>	Explorer 120, Landranger 197
<i>Public Transport</i>	Bus stop: Norton Corner
<i>Points of interest</i>	Coastal views, wildlife; particularly waders and coastal plants. St Wilfrid's Chapel (wheelchair accessible)
<i>Facilities</i>	Disabled toilet at Pagham Harbour Nature Reserve Visitor Centre and several others in Selsey
<i>Other - Tide</i>	This path can be under water at high tide. Tide tables are available from local outlets, book shops and Pagham Harbour Visitor Centre, Selsey Road, Sidlesham. High tide times are displayed outside the Visitor Centre and in bird hides on the reserve Admiralty tide times: http://easytide.ukho.gov.uk

This walk is of particular interest in the winter to see some of the migratory birds that visit Pagham Harbour, but is a very pleasant walk on any fine day.

The footpath in the corner of the car park takes you down to the edge of Pagham Harbour. Turn right and there is a very good path towards the beach with the harbour on the left. Continue for 320m; this section of path is tidal and may be impassable at high tide. Here you can enjoy the view across the harbour with Pagham and its church to the east, and Chichester Cathedral and the South Downs to the north. Looking to the south on the left is an area of shingle bank fenced off in the breeding season for the little terns and ringed plover. There are quite a few plants of interest growing in the shingle including large clumps of yellow-horned poppy and sea kale. The path does continue but goes onto a loose shingle bank. Having enjoyed

the views return to the car park where it is well worth visiting St. Wilfrid's Chapel. This is in fact the chancel of the original medieval building; the rest of the original church was moved in 1864 to Selsey to serve the growing population and became the parish church of Saint Peter. Under ecclesiastical law a church may be removed but not its chancel. As well as early features there are several modern additions, including a beautiful 'nature window' depicting animals and birds from the adjoining nature reserve.

The setting of this little chapel can be fully appreciated by continuing to the end of the path, particularly when the tide is high and the harbour alive with the sounds of the sea-birds. Kipling was so inspired by this place in winter that he wrote the delightful poem 'Eddi's Service' (extract below) about a wild winter's



night when only 'an old marsh donkey' and 'yoke-weary bullock' came. Eddinus Stephanus was St. Wilfrid's chaplain in c.AD 687. The whole peninsula on which Selsey and Pagham lie is called the Manhood Peninsula - hence the reference to 'Manhood End'.

Extract from EDDI'S SERVICE (AD 687) by Rudyard Kipling

Verses 1, part of 4 and 5, 8 and 11

Eddi, priest of St. Wilfrid

*In the chapel at Manhood End
Ordered a midnight service
For such as cared to attend*

*The alter-lamps were lighted,
And an old marsh donkey came.
And a wet, yoke-weary bullock
Pushed in through the open door.*

*And he told the Ox of a Manger
And a Stall in Bethlehem.
And he spoke to the Ass of a Rider
That rode to Jerusalem.*

*And when the Saxons mocked him,
Said Eddi of Manhood End,
'I dare not shut His chapel
On such as care to attend'.*