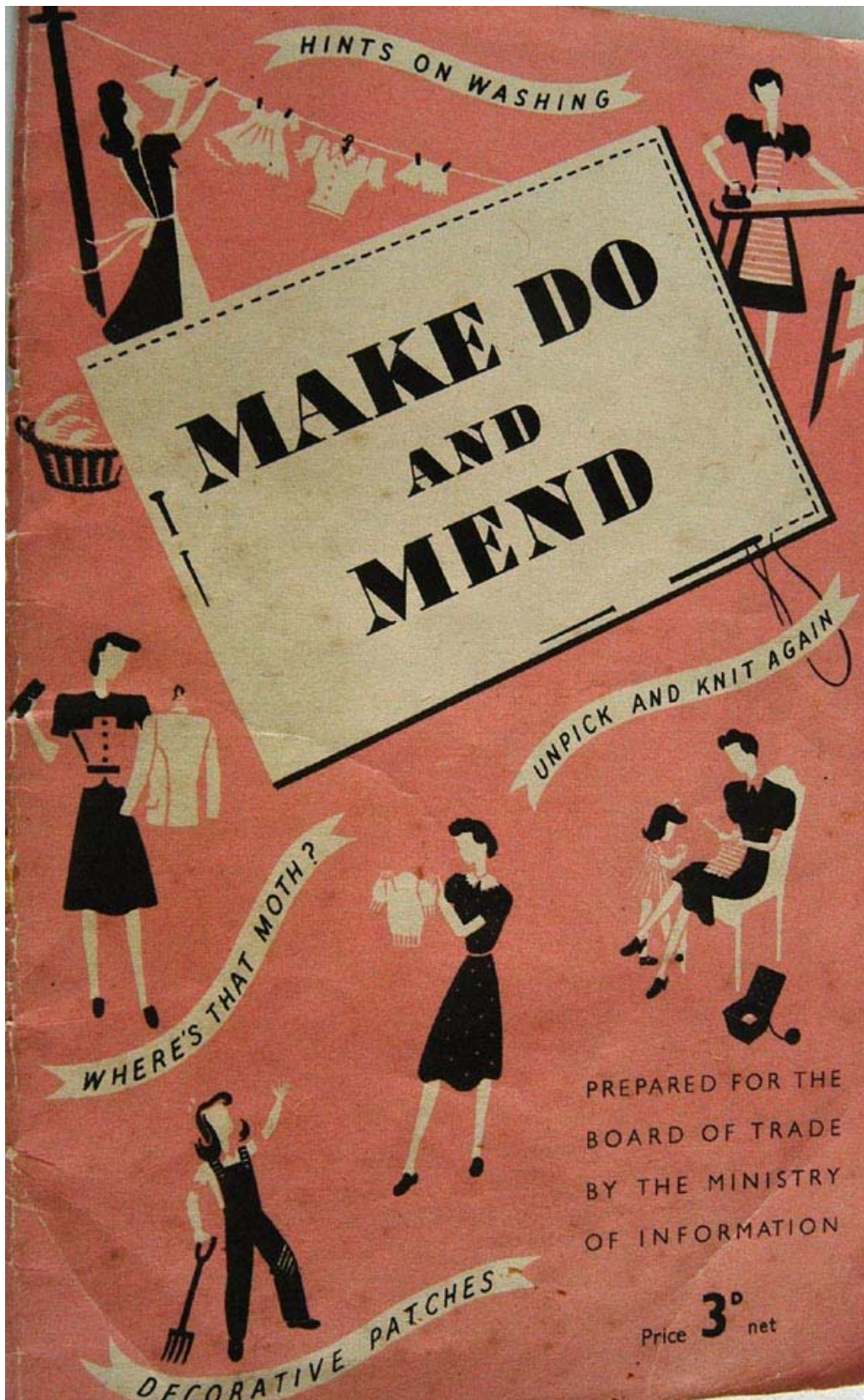


Wartime West Sussex 1939 - 1945
ON THE HOME FRONT - DAILY LIFE

Official booklet 'Make do and Mend' [Four pages]

Front cover



Wartime West Sussex 1939 - 1945
ON THE HOME FRONT - DAILY LIFE

'Make do and Mend' booklet - Back cover



THIS BOOK IS TO HELP YOU . . .

To keep clothes looking trim as long as they have to last.

To renovate children's outgrown clothes so cleverly that none is ever wasted.

To turn every scrap of good material you possess to advantage.

To keep your household linen in good repair.

To make do with things you already have instead of buying new.

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'Make do and Mend' booklet - Foreword

Foreword

First, I would like to thank you all for the way in which you have accepted clothes rationing. You know how it has saved much-needed shipping space, manpower and materials, and so assisted our war effort.

The Board of Trade Make Do and Mend campaign is intended to help you to get the last possible ounce of wear out of all your clothes and household things. This booklet is part of that campaign, and deals chiefly with clothes and household linen.

No doubt there are as many ways of patching or darning as there are of cooking potatoes. Even if we ran to several large volumes, we could not say all there is to say about storing, cleaning, pressing, destroying moths, mending and renovating clothes and household linen.

But the hints here will, I hope, prove useful. They have all been tested and approved by the Board of Trade Make Do and Mend Advisory Panel, a body of practical people, mostly women, for whose help in preparing this booklet I am most grateful.

Hugh Dalton.

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'Make do and Mend' booklet - inside page

Make do and Mend aids

Sewing Classes

Why not join a sewing class and learn to sew? Your local Evening Institute, Technical College, or Women's Organisation is probably running a class now. Ask the Citizens Advice Bureau; they will be able to tell you when these classes meet.



Pool your equipment and ideas

If you are one of the clever ones who already know how to Make do and Mend, don't keep your ideas to yourself, but pass them on to your neighbours. Start a sewing party where you can pool your equipment, such as scissors, pins, piece-bags, dressmakers' dummies and sewing machines.



Children's shoe and clothing exchanges

Make use of the children's shoe and clothing exchanges which are opening in many parts of the country. Perhaps there is one in your district; it is worth while finding out.



Advice Centres

Many advice centres are opening where you can take your worn-out clothes to get advice on renovating and mending.



Mending Groups

Can you help others—for instance, by organising a group of women with some needlework skill and a little time, to repair the overalls of the local war workers? Ask the welfare or personnel departments of the factories if you can help.