

## WEST SUSSEX JOINT HEALTH AND WELLBEING STRATEGY LAUNCH WORKSHOP REPORT

### **Executive Summary**

- The Joint Health and Wellbeing Strategy (JHWS) was launched on 25<sup>th</sup> April 2019.
- The launch event consisted of a formal Health and Wellbeing Board (HWB) meeting followed by workshops which were attended by a wide range of stakeholders.
- Workshop attendees were placed into groups, based on the 3 key themes; *Starting Well*; *Living and Working Well*; and *Ageing Well*. Each theme had 2 tables with up to 9 attendees.
- The workshops were intended to gain stakeholder views on what the focus of the HWB should be in the first year of the Strategy. Each table was asked to consider the following questions for their specific theme:
  - Which goal should the HWB focus on in the first year? Why?
  - Which initiatives should the HWB focus on to support the identified goal?
  - How will this impact on health inequalities? (consider the groups at risk)

Whilst there was much discussion regarding the interrelationships between goals, with some groups finding it difficult to prioritise one goal over others, the proposed goals for the first year for each key theme are as follows:

- *Starting Well* - 'Children, young people and families have good emotional wellbeing and mental health'
- *Living and Working Well* - 'People are able to look after their own health' including the importance of workplace health. 'Individuals, Families, Friends and Communities are connected' was also considered key as it sets a critical foundation underneath all of the goals.
- *Ageing Well* - 'Older adults stay healthier, happier and independent for longer' including the development of a strong brand promoting 'aging well in West Sussex,' and bringing together the range of prevention initiatives.

### Next Steps

HWB Theme Champion Leads will work with their groups throughout the forthcoming year to develop and progress implementation of their prioritised goal for year 1, reporting back to the Health and Wellbeing Board on progress in April 2020.