

At a meeting of the West Sussex Health and Wellbeing Board held on 2 February 2017

Members present:

Alex Bailey	Amit Bhargava	Peter Catchpole
Geoff Coleman	Marie Dodd	Christine Field (Chairman)
Diane Henderson	Stephen Hillier	Geraldine Hoban
Eileen Lintill	Kieran Stigant	Avril Wilson

Observers:

Mark Eyre for Sussex Police

Apologies:

Sally Allum	Katie Armstrong	Elaine Coleridge-Smith
Alan Kennedy	Nigel Lynn	Minesh Patel
Frances Russell		

Declarations of Interest

80. None

Urgent Matters

81. The Chairman alerted members to a tabled paper (copy appended to the signed minutes) that sought endorsement in principle to the development of a West Sussex 1001 Critical Days Manifesto. Members noted its intention to ensure enhanced access to support for families in the 1001 critical days between conception to age 2 to increase health and wellbeing outcomes for children.

82. The reason for urgency related to agreement at a local launch on 10 January that endorsement by the Board would raise the profile of this important work and give individual members the opportunity to input to its development.

83. The Head of Children and Families noted comment that grand-parents and great-grandparents were an important and often overlooked support factor for families and undertook to ensure this taken forward in the development of the Manifesto.

84. Resolved that:

1. The Board agreed to support in principle the 1001 Critical Days Manifesto for West Sussex with the inclusion of consideration of the support given by grand-parents/great-grandparents; and
2. requested that individual organisations represented on the Board consider signing up to the Manifesto in due course.

Minutes

85. Resolved that the minutes of the meeting of the Health and Wellbeing Board held on 13 October were agreed with an edit to the list of apologies as one name appeared in that list as well as the list of those in attendance.

Election of Vice Chairman

86. Resolved that the Board agreed to appoint Alan Kennedy to the role of Vice Chairman for a further year.

Joint Strategic Needs Assessment Update

87. The Principal Manager, Public Health introduced a report (copy appended to the signed minutes) which alerted the Board to recently published joint strategic needs assessments (JSNA) and gave an update on the process toward a renewed Pharmaceutical Needs Assessment (PNA) for West Sussex.

88. Comments and queries included:

- Whether the Board could influence what type of pharmaceutical provision was made available such as Wellbeing Pharmacies? *It was explained that the PNA was an entry level document for NHSE and wider functions were not part of that*
- Noted that Health Living Pharmacy framework was in line with wellbeing and should be supported by the Board
- Whether, in respect of the Life Long Disabilities JSNA, a register was kept of people with severe physical disabilities to ensure they received the coordinated care they needed? *It was agreed that a briefing on this would be prepared and circulated to all members.*

89. Resolved that:

1. The Board noted the summary of needs assessments undertaken by the Public Health Team; and that
2. members would receive by email a briefing on the feasibility of a register of people with severe physical disabilities.

West Sussex Health and Wellbeing Commissioning Intentions

90. The County Council Executive Director Children, Adults, Families Health and Wellbeing drew attention to reports from West Sussex health and care commissioners (copies appended to the signed minutes) setting out commissioning intentions for the coming year. Members were asked to consider whether the plans aligned with the West Sussex Joint Health and Wellbeing Strategy and to identify any areas where there may be gaps in provision.

91. The County Council Head of Children and Working Age Families outlined commissioners plans related to Early Years as set out in the report at 7a. The Chief Executive Officer Sussex Partnership Foundation Trust, in attendance at the meeting, welcomed the emphasis on funding and support for emotional health and wellbeing, including for those with complex needs, highlighting the well documented stress that young people were often under.

92. The Chief Officer, Horsham & Mid Sussex (H&MS) Clinical Commissioning Group (CCG) summarised the CCGs plans, presented jointly with Crawley CCG and highlighted that a draft of these had been submitted to NHSE on 23 December 2016. The Board noted that the CCG budgets were likely to end the year in deficit and the submitted plans would need to be revisited to meet its priorities. The CCGs also faced challenges to meet QIPP targets and to improve quality measures including meeting ambulance response times, hospital hand-over times and 18 week to treatment targets.

93. The Board noted the context in which the H&MS and Crawley CCGs draft operating plan at 7e was presented. Members:

- Welcomed planned support for early intervention and prevention
- Asked what the impact would be for the CCG and the NHS locally of missing QIPP targets as anticipated. *Members noted that conversations were to be had with NHSE concerning the length of the period over which financial recovery was to be delivered also that this issue needed to be looked at from a whole system perspective in alignment with partners supplying community and acute provision. The Board also noted that there might be a need to consider what services the CCGs could decommission but that this would be considered in the light of clinical outcomes and done with partners and patients in an open and transparent way.*
- Noted that sharing information electronically across the system was a prerequisite for fully integrated working and was to be prioritised in the areas' Sustainability and Transformation Plan
- Questioned whether the West Sussex patient body was 'signed up' to the direction of travel toward more self-help and illness prevention and felt that was a challenge that needed to be addressed. *Noted that Coastal CCG was liaising with local press on a series of articles around the issues facing the health and care system and what individuals could do to help it and themselves.*
- Suggested that any communication efforts were tested on a sample group first to ensure the right language was used
- Emphasised that the financial challenge faced by the CCGs must be seen in the national context

- Highlighted that 70% of all NHS spend was in the area of long-term conditions. Areas of prevention such as falls, social isolation and social prescribing needed to be further considered and it was questioned whether there might be a gap in the plans there
- health literacy could be strengthened to ensure people were using medications appropriately.

94. The Chief Operating Officer, Coastal CCG drew attention to its operating plan at Item 7f, highlighting challenges related to demand, performance, IT issues, integration, funding, new ways of working and staff shortages.

95. The Board noted that the Coastal CCG also faced a significant financial challenge and expected to finish the year with a budget deficit but would address measures to mitigate this in a responsible and transparent way.

96. Improvements were highlighted relating to cancer and stroke care. Members noted that the CCG priority commissioning focus was on prevention and integration with community services to support hospital discharge. Targeted areas for further improvements included medicines management to address wastage and consideration of a shared decision making service to increase appropriate and outcomes-focused use of health services.

97. It was felt that the commissioning plan did not appear to sufficiently address black and ethnic minority needs but noted that the Public Health directorate plan intended to prioritise this over the next year to ensure all residents were accessing health and social care as needed.

98. The County Council, Transformation Programme Director referred members to the Adult Service commissioning intentions for Wellbeing at Item 7b highlighting the alignment with CCG plans in regard to prevention of ill-health, self-help and integration of services and the repositioning of the whole public service offer.

99. It was noted that the new adult operations model currently being piloted in the county would, following evaluation and further development, roll out fully in January 2018.

100. Resolved that in accordance with statutory guidelines, the Board:

1. Agreed that with the proviso that they take into account BAME populations across the county, more work to prevent falls and social isolation and increase opportunities for social prescribing, the commissioning plans take proper account of, and are appropriately aligned to, the Health and Wellbeing Strategy 2015-18 and the Joint Strategic Needs Assessment; and

2. Endorsed the plans ahead of commencement of contracts in the new financial year 2017-18.

Better Care Fund Plan Monitoring and 17/19 Plan

101. The Better Care Fund Coordinator explained the monitoring of Month 8 of the 16/17 Plan, the process toward submission of the 17/19 Plan to NHSE and that the policy and guidance related to the new Fund was awaited. The Chairman undertook to ensure that the presentation (copy appended to the signed minutes) was sent round to members and invited them to forward any questions and comments via email.

102. Resolved that Board members:

1. Would receive the presentation by email and forward by email any comments on the Month 8 Better Care Fund Performance and Finance Report; and
2. Noted the process toward the development of the 17/19 Plan.

Wellbeing and the South Downs National Park

103. The Strategy Lead, Access and Recreation at the South Downs National Park (SDNP) outlined a report (presentation appended to the signed minutes) which explained that as well as its focus on conservation and enhancement of the park environment the National Parks were now working towards actively promoting opportunities for everyone to enjoy the areas and to foster the social and economic wellbeing of communities. As a first step nationally the parks had signed an accord with PHE to work together on wellbeing by increasing social contact and physical activity. Members:

- Acknowledged the benefits of the natural environment on depression which was considered as effective as antidepressant medication
- Noted that the New Forest National Park was involved in a 'green prescription' scheme and supported people who had been recommended to use the park and that increasing Miles without Stiles schemes was important particularly for those with mobility and visual difficulties
- Noted that suicide and dementia awareness training was beginning to be offered to park staff
- Felt there should be opportunities tailored to people in care homes, noting that they often did not go out at all
- Suggested that SDNP might like to link with the District and Borough councils on wellbeing to investigate further opportunities to encourage visitors from the hard to reach groups, although it was noted that SDNP did work with partner organisations such as the Trust for Conservation to help bring people into the parks rather than address this aspect themselves.

104. The Board noted the upcoming Conference being held by the SDNP and that members would receive an invitation in the near future.

105. Resolved that the Board:

1. Noted the role National Parks played in supporting the delivery of Health and Wellbeing in West Sussex and opportunities for possible future links with the SDNP; and that
2. Members would receive by email an invitation to the SDNP Health and Wellbeing Conference in Midhurst on 9 May 2017.

Wellbeing and Resilience

106. The Public Health Lead, Start of Life introduced a report (copy appended to the signed minutes) outlining a Framework for Wellbeing and Resilience for West Sussex. Members:

- Commended the work which pulled together many disparate strands of activity into a cohesive direction of travel, that this would translate well towards the Boards' agreed focus on wellbeing starting at an individual and community level
- Noted that it would require tapping into resources that were not currently thought of as part of the health and care system
- Agreed that the Five Ways to Wellbeing themes were very helpful.

107. The Executive Director Children, Adults, Families Health and Education proposed that a local level task force of Board members be set up as explained in Item 10b (copy appended to the signed minutes) to report back to the Board. In line with the current Sustainability and Transformation work and the Wellbeing and Resilience Framework the group would:

- improve pathways into the Five Ways to Wellbeing
- focus on prevention and early intervention
- investigate widening activity in wellbeing determinants that sat with partners such as the District and Borough councils, the voluntary sector, the SDNP and leisure organisations
- support development of Local Care Networks and Multidisciplinary Care Providers
- develop data sets to determine where activity worked best and where minimum operational capacity could make the community model work.

108. Members:

- Added that the voluntary sector must be included as it was felt there was a disconnect with this group
- Said that the Group must have specificity and scale. That social isolation and loneliness had the same risk as smoking and obesity and identifying and supporting these people must be included in the remit of the group.

109. Resolved that the Board agreed:

1. To support work towards the Strategic Action Plan for Wellbeing and Resilience as set out in Section 7 of the Wellbeing and Resilience Framework; and to
2. Develop a Local Multi Agency Adult Social Care Task Force to work in partnership with NHS organisations, District and Borough councils, voluntary and community sector and care providers to tackle the adult social care challenge and develop a longer term and strategic view of how to support an increasingly ageing West Sussex population; and that
3. the Task Force would include addressing social isolation and loneliness in its remit.

Suicide Prevention Strategy

110. The Public Health Lead Later Life introduced a report (copy appended to the signed minutes) which concerned the work of a West Sussex multi-agency suicide prevention steering group to oversee delivery of a two-year action plan (2015-17) for suicide prevention. Members:

- Noted that discussion on this item coincided with the national 'Time to Talk' day
- that the driver for the Strategy was the Five Year Forward View which also had a target of a 10% reduction in social isolation
- Questioned in relation to GP training what age group should be targeted and whether particular ethnic groups needed to be particularly thought about
- Noted offer from the observer to the meeting for Sussex Police that that organisation would like to be involved in the work towards the Strategy.

111. The Board:

1. Endorsed the work and noted the requested engagement with Sussex Police; and
2. Undertook to respond individually to an invitation to be sent in due course to input to the online consultation; and
3. to comment on and individually consider endorsement of the suicide prevention strategy electronically when complete.

Local Health System Sustainability and Transformation Plans (STP)

112. The Chief Officer, Horsham & Mid Sussex (H&MS) Clinical Commissioning Group (CCG) explained that work to develop the Plan continued and comment from NHSE on the first draft submission was that it was considered not radical enough in relation to the acute landscape. Once further options for this had been generated a full public consultation programme would be drawn up and

further conversations were to take place at the STP Executive Group in the ensuing week.

Date of Next Meeting

113. Members noted that the next meeting of the Board would be held at 2pm on 13 July 2017 at County Hall North, Horsham. Suggestions for agenda items should be submitted to Suzanne.t.thompson@westsussex.gov.uk

Meeting closed at 4.15pm

Chairman